

# NATIONAL AMYLOIDOSIS CENTRE

The NHS National Amyloidosis Centre is the only Centre in the UK specialising in amyloidosis and is part of the UCL Centre for Amyloidosis and Acute Phase Proteins. The NHS National Amyloidosis Centre is funded by the Department of Health to provide a diagnostic and management advice service for the UK's national caseload of patients with amyloidosis and related disorders. You have been given an appointment in the outpatient clinic which specialises in diagnosis, quantification and monitoring of amyloidosis. Please find below information concerning your outpatient clinic appointment and further information which may be of interest to you.

## **BEFORE YOUR APPOINTMENT:**

You may eat and drink normally before and after your investigations. You may bring a relative or carer with you to your appointment (preferably only one person), however we would ask that you avoid bringing babies/children or pregnant women where possible.

### **Attire**

Please wear comfortable shoes and clothing, allowing for the top and bottom half of clothing to be removed separately. The wearing of tights and clothes with metallic objects is not recommended. Please do not apply body creams/lotions (except to the face) on the day of the appointment until after the echocardiogram. It is also important to avoid wearing nail polish as this may create difficulties in obtaining certain key measurements with our equipment. Patients having MRI scans will be asked to change out of their clothes and into a hospital gown, and remove all metallic objects such as jewellery, belts, keys, coins, etc.

### **Doctors' details**

Please update as necessary the contact details for all the doctors (GP and consultants) currently treating you on the enclosed sheet. Please give this to the receptionist on your arrival at the National Amyloidosis Centre.

### **24 hour urine collection**

A 24 hour urine collection for protein analysis may be required. If so, we will include instructions with your appointment letter.

### **Medication**

Continue taking your current medication. Please bring a list of medications/dosages and carry it with you at all times during your visit.

### **Pregnancy**

We **cannot** inject you with the radiation to perform the SAP scan or DPD scan if you are, or suspect you are pregnant. If there is any doubt we will perform a pregnancy test before the injection, as is our policy for all female p-1.4(le)2.9i(c)-1.4(y)-1.4( eb T.lbtengan.8(t 31as)1.4)2.9(f) be3teg31

**Please inform us if:**

- You are allergic to iodine, or anything else that you know of
- You may be pregnant
- You have a pacemaker
- You have hearing implants or an aneurysm clip
- You have small pieces of metal in your eye (e.g. from welding)
- You have limited mobility (please ensure, if possible, that you are accompanied)
- You need an interpreter (request this in advance, or arrange for a friend/relat





