



Evidence Based Practice Unit

Bridging research and practice in child mental health

Our Ethos

- All research is provisional and raises as many questions as it answers.
- All

Risk

What is the range of contexts and conditions that put a child or young person at risk of mental health issues?

-

difficulties and
wellbeing from the
f

improve emotion regulation in

1. Deighton, J., Yoon, Y. & Garland, L. (2020). *Learning from HeadStart: the mental health and wellbeing of adolescent boys and girls*. London: EBPU.

3. Brady, A., Deighton, J., & Stansfeld, S. (2020). Chronic illness in childhood and early adolescence: A longitudinal exploration of co-occurring mental illness. *Development and Psychopathology*, 1-14. doi: 10.1017/S0954579420000206.

4. Edbrooke-Childs, J., Boehnke, J. R., Zamperoni, V., Calderon, A. & Whale, A. (2019). Service- and practitioner-level variation in non-consensual dropout from child mental health services. *Eur Child Adolesc Psychiatry*. doi: 10.1007/s00787-019-01405-6.

4. Stapley, E., Eisenstadt, M., Demkowicz, O., Garland, L., Stock, J. & Deighton, J. (2020). *Shining a light on risk and protective factors: Young people's experiences*. London: EBPU.

5. Hope, S., Rougeaux, E., Deighton, J., Law, C. & Pearce, A. (2019). Associations between mental health competence and indicators of physical health and cognitive development in eleven year

