Coronavirus and children and young people's mental health

Issue 6 Research Bulletin





The coronavirus pandemic continues to affect populations around the world. In issues 1-5 of this series, we presented evidence about the impact of the pandemic on children and young people's mental health emerging over the period January to August 2020. In the current issue, we summarised key findings from a rapid review of evidence emerging between September and November 2020.

Mairi Jef ery, Tanya Lereya, Julian Edbrooke-Childs, Jess Deighton, Nick Tait, Melissa A. Cortina 1. What is the mental health impact on the general population?

2. What is the impact on children with pre-existing health and education needs?

Overall, children and young people with preexisting health and education needs appear to be experiencing elevated mental health challenges.

 Children and young people with Attention deficit hyperactivity disorder (ADHD) and autism spectrum disorder (ASD) had worse mental health outcomes in relation to emotional symptoms and hyperactivity, and decreased prosocial behaviours when

5. Has there been a change in access to services?

Some children and young people have experienced a lack of access to mental health services during the coronavirus pandemic.

 Children with a genetic disorder or a neurodevelopmental disorder, including developmental delay, epilepsy, intellectual disability and ASD, have experienced redu6 34.0157 (ual)]TD4[(de)208dt13y aperie,h a289 Tm [(ual)]ted Ý ë è õ è ú ä ö ä ö ì ê

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÷ è åþ óþ ø ¾ååóø¿ þ child and youth mental health research and innovation unit based at UCIFaculty of Brain Sciences and the Annæreud Centre. Founded in 2006, this collaboation bridges cutting-edge research and innovative practice in chilren's mental health. We conduct research, devep to ols, provide training, evaluate interventions and disseminate evidence across four themes: Risk | Resilience | Change | Choice

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(CORC) is the UK's leading membership organisation that collects and uses evidence to enable more effective child-centred support, services and systems to improve children and young people's mental health and wellbeing. We have over 15 years' experience in bringing together theoretical knowledge on outcome measurement and relating this to the insights and expertise developed by practitioners working with children and young people on the ground.

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Citation for this report

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Acknowledgement